Abigail Palmer lives in St. Helena, CA with her husband, John, and three children. In addition writing and teaching, she assists John in the operation of their supplement and health food store, Nature Select Foods.

By Abigail Palmer, Guest Contributor

I graduated from UD with a degree in Classics in

worked in the discipline of Classics in more ways than I could have anticipated. At the time of graduation, I was comfortable with the idea of being a teacher, and I think that m7m2 Tf1 0 0aiAurhinkec(idr)Bs1f(that)-124thi(hink)